

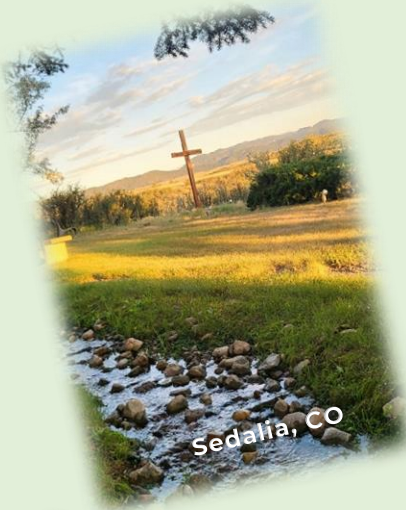
PLAN TO JOIN US FOR
UCS COLLEAGUES RETREAT
JULY 9 - 15, 2023

Through the Jesuit Colleagues Retreat, the USA Central and Southern Province offers an Ignatian silent retreat for the women and men working in apostolates of the province.

The 2023 retreat has been designed to maximize accessibility, with onsite options at several retreat locations:

- **Sacred Heart Retreat House**
Sedalia, Colorado
- **Jesuit Spirituality Center**
Grand Coteau, Louisiana
- **Orchid Bay Resort**
Corozal, Belize
- **White House Jesuit Retreat**
St. Louis, Missouri
- **Xavier Jesuit Center**
OIS-Denver, Colorado
- **Other** (tba)

Following the rhythm of the Spiritual Exercises of St. Ignatius Loyola, each day will consist of presentations, opportunities for private prayer, shared Eucharist, silent meals, and other forms of individual and communal prayer. Retreatants will access talks virtually, but from a common device viewed in a central location at the retreat house and are strongly encouraged to engage daily with an in-person spiritual director. Both English and Spanish-speaking spiritual directors will be available.



REGISTRATION NOW OPEN

The Ignatian Retreat A retreat is a gift to yourself. It is a time of quiet when you can get away from the ordinary demands of life and gain a better perspective on the deeper meaning of your life. It is a time to deepen your relationship with God and bask in God's friendship and love.

The Jesuit Colleagues Retreat is patterned after the spiritual dynamics of the Spiritual Exercises of Saint Ignatius of Loyola. It is a silent retreat at which participants are asked to refrain from speaking during their stay, except during Mass or meeting with their spiritual director, as well as the optional small group faith sharing in the evening. Such silence enables the retreatants to listen ever more attentively to the inner movements of their soul, which Ignatius deeply believed is how God communicates. Similarly, having meals in silence allows retreatants to *sentir y gustar* (to sense and to taste) the divine grace at a deeper level. All retreat locations offer beautiful options for walking or enjoying God's Creation.



Participation Cost: \$495
This amount reflects a fraction of the true retreat cost, the remainder of which the UCS province gladly covers.

TO REGISTER visit:
[Jesuit Colleagues Retreat 2023](https://www.jesuits.org/retreat2023)
 [\(google.com\)](https://www.google.com)

For questions / more information contact:
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